

## P.E in Key Stage 2

Unfortunately, due to the pandemic, P.E in school has been very restricted. However, P.E at Uffington is seen as a very important part for the health and well-being for the children. Consequently, a varied programme of adapted sports has been planned whilst we still have good weather. The advice we have been given at the moment is that children should participate in non-contact sports and to avoid the sharing of sports equipment where ever possible. If it has to be shared, then equipment has to be sanitised or quarantined for up to 72 hours. Children in Y5/6 have been bringing their own tennis racquet and ball whilst Y3/4 have been bringing a tennis ball. This has worked extremely well and it really helps with the smooth running of a session. So please continue to do this for at least this term.

P.E for children in Key Stage 2 is on Wednesday and Friday. Children need to wear their P.E kit to school on these days. As the weather begins to change, children will need to wear either school shoes or a spare pair of trainers to school and bring their P.E trainers in a bag so that dirty footwear is not worn inside the school. All jewellery including watches and Fitbits have to be removed for P.E lessons. If a child is unfit to participate in P.E, please inform Mrs Swanson. Children who are not participating in the P.E lesson will still have to be outside with the class.